

Programmanr. 1
13-12-2019

Dames, 1500m vrije slag

Senioren Open
Resultaten

World Record	15:20.48	Kathleen Ledecky	Indianapolis (USA)	16-05-2018
European Record	15:38.88	Lotte Friis	Barcelona (ESP)	30-07-2013
Nederlands Record Senioren	16:03.37	Sharon van Rouwendaal	Boekarest (ROU)	09-07-2015
Nederlands Record Jeugd	16:36.44	Sharon van Rouwendaal	Belgrado (SRB)	30-07-2008
Nederlands Record Junioren	17:27.80	Esmee Vermeulen	Eindhoven	28-02-2010
Prestatie-eis OS Tokio 2020	16:16.26			
Prestatie-eis EK Boedapest 2020	16:29.57			
Prestatie-eis EJK Aberdeen 2020	17:11.30			
Prestatie-eis Post EJK-EK Budapest 2020	16:29.57			

Punten: FINA 2019

rank	name		club name		time		RT	FINA			
1.	Mireia Belmonte Garcia		Royal Spanish SF		16:13.61		+0,63	845			
	50m:	30.57	450m:	4:54.21	32.70	850m:	9:14.17	32.44	1250m:	13:32.96	32.35
	100m:	1:03.67	500m:	5:27.04	32.83	900m:	9:46.71	32.54	1300m:	14:05.36	32.40
	150m:	1:36.58	550m:	5:59.45	32.41	950m:	10:19.18	32.47	1350m:	14:37.76	32.40
	200m:	2:09.73	600m:	6:31.95	32.50	1000m:	10:51.23	32.05	1400m:	15:10.41	32.65
	250m:	2:42.69	650m:	7:04.47	32.52	1050m:	11:23.54	32.31	1450m:	15:42.88	32.47
	300m:	3:15.86	700m:	7:36.84	32.37	1100m:	11:55.83	32.29	1500m:	16:13.61	30.73
	350m:	3:48.62	750m:	8:09.35	32.51	1150m:	12:28.24	32.41			
	400m:	4:21.51	800m:	8:41.73	32.38	1200m:	13:00.61	32.37			
2.	Jimena Perez Blanco		Royal Spanish SF		16:15.46		+0,68	840			
	50m:	30.53	450m:	4:53.43	32.38	850m:	9:13.29	32.64	1250m:	13:33.48	32.74
	100m:	1:03.62	500m:	5:26.05	32.62	900m:	9:46.02	32.73	1300m:	14:08.88	32.40
	150m:	1:36.76	550m:	5:58.48	32.43	950m:	10:18.26	32.24	1350m:	14:38.65	32.77
	200m:	2:09.83	600m:	6:30.91	32.43	1000m:	10:50.76	32.50	1400m:	15:11.49	32.84
	250m:	2:42.74	650m:	7:03.28	32.37	1050m:	11:22.98	32.22	1450m:	15:43.87	32.38
	300m:	3:15.61	700m:	7:35.66	32.38	1100m:	11:55.53	32.55	1500m:	16:15.46	31.59
	350m:	3:48.24	750m:	8:08.18	32.52	1150m:	12:28.10	32.57			
	400m:	4:21.05	800m:	8:40.65	32.47	1200m:	13:00.74	32.64			
3.	Julia Hassler		Liechtensteiner SV		16:20.07		+0,78	828			
	50m:	30.37	450m:	4:52.88	32.51	850m:	9:14.29	33.13	1250m:	13:36.21	33.08
	100m:	1:03.23	500m:	5:25.49	32.61	900m:	9:47.15	32.86	1300m:	14:08.89	32.68
	150m:	1:36.36	550m:	5:58.07	32.58	950m:	10:19.59	32.44	1350m:	14:41.88	32.99
	200m:	2:09.51	600m:	6:30.73	32.66	1000m:	10:52.19	32.60	1400m:	15:11.23	33.35
	250m:	2:42.37	650m:	7:03.11	32.38	1050m:	11:24.78	32.59	1450m:	15:48.05	32.82
	300m:	3:15.25	700m:	7:35.63	32.52	1100m:	11:57.46	32.68	1500m:	16:20.07	32.02
	350m:	3:47.66	750m:	8:08.48	32.85	1150m:	12:30.40	32.94			
	400m:	4:20.37	800m:	8:41.16	32.68	1200m:	13:03.13	32.73			
4.	María De Valdes Alvarez		Royal Spanish SF		16:30.41		+0,81	802			
	50m:	30.58	450m:	4:54.71	32.72	850m:	9:16.25	33.29	1250m:	13:43.57	33.28
	100m:	1:03.41	500m:	5:27.40	32.69	900m:	9:49.54	33.29	1300m:	14:17.01	33.44
	150m:	1:36.54	550m:	5:59.79	32.39	950m:	10:22.87	33.33	1350m:	14:50.63	33.62
	200m:	2:09.88	600m:	6:32.25	32.46	1000m:	10:56.32	33.45	1400m:	15:24.28	33.65
	250m:	2:42.68	650m:	7:04.76	32.51	1050m:	11:29.81	33.49	1450m:	15:57.70	33.42
	300m:	3:16.03	700m:	7:37.27	32.51	1100m:	12:03.39	33.58	1500m:	16:30.41	32.71
	350m:	3:49.01	750m:	8:09.97	32.70	1150m:	12:36.98	33.59			
	400m:	4:21.99	800m:	8:42.96	32.99	1200m:	13:10.29	33.31			
5.	Malene Rypstøl		Team Sør		16:59.81		+0,72	735			
	50m:	29.41	450m:	4:55.28	33.78	850m:	9:29.98	34.79	1250m:	14:09.79	35.57
	100m:	1:01.79	500m:	5:29.16	33.88	900m:	10:04.19	34.21	1300m:	14:44.98	35.19
	150m:	1:34.86	550m:	6:03.42	34.26	950m:	10:39.17	34.98	1350m:	15:20.32	35.34
	200m:	2:08.19	600m:	6:37.70	34.28	1000m:	11:13.82	34.65	1400m:	15:55.31	34.99
	250m:	2:41.53	650m:	7:12.09	34.39	1050m:	11:49.01	35.19	1450m:	16:28.12	32.81
	300m:	3:14.52	700m:	7:46.31	34.22	1100m:	12:23.95	34.94	1500m:	16:59.81	31.69
	350m:	3:48.05	750m:	8:20.81	34.50	1150m:	12:59.18	35.23			
	400m:	4:21.50	800m:	8:55.19	34.38	1200m:	13:34.22	35.04			
6.	Serena Stel		OC-De Dolfijn		199801528		17:10.61	+0,74	712		
	50m:	30.72	450m:	5:04.47	34.57	850m:	9:42.06	34.28	1250m:	14:18.92	34.58
	100m:	1:03.40	500m:	5:39.48	35.01	900m:	10:17.00	34.94	1300m:	14:54.02	35.10
	150m:	1:37.41	550m:	6:14.22	34.74	950m:	10:52.04	35.04	1350m:	15:28.70	34.68
	200m:	2:11.77	600m:	6:49.14	34.92	1000m:	11:26.38	34.34	1400m:	16:03.34	34.64
	250m:	2:45.69	650m:	7:24.04	34.90	1050m:	12:00.82	34.44	1450m:	16:37.76	34.42
	300m:	3:20.04	700m:	7:58.92	34.88	1100m:	12:35.21	34.39	1500m:	17:10.61	32.85
	350m:	3:54.98	750m:	8:33.29	34.37	1150m:	13:09.52	34.31			
	400m:	4:29.90	800m:	9:07.78	34.49	1200m:	13:44.34	34.82			

onjuistheden / mistakes?

mail naar / to: amsterdamschrijving@swimcup.nl

Splash Meet Manager, 11.62141

Registered to KNZB

13-12-2019 17:39 - pagina 1

Programmanr. 1, Dames, 1500m vrije slag, Senioren Open

rank	name		club name				time		RT	FINA		
7.	Gali Zilberberg		Israel Swimming Association				17:20.08		+0,77	693		
	50m:	31.48	31.48	450m:	5:09.84	34.75	850m:	9:50.00	34.93	1250m:	14:28.59	34.92
	100m:	1:06.43	34.95	500m:	5:44.96	35.12	900m:	10:25.19	35.19	1300m:	15:03.36	34.77
	150m:	1:40.67	34.24	550m:	6:19.46	34.50	950m:	11:00.19	35.00	1350m:	15:37.90	34.54
	200m:	2:15.55	34.88	600m:	6:55.02	35.56	1000m:	11:34.85	34.66	1400m:	16:12.60	34.70
	250m:	2:50.07	34.52	650m:	7:29.67	34.65	1050m:	12:09.72	34.87	1450m:	16:46.94	34.34
	300m:	3:25.01	34.94	700m:	8:05.02	35.35	1100m:	12:44.32	34.60	1500m:	17:20.08	33.14
	350m:	3:59.75	34.74	750m:	8:40.24	35.22	1150m:	13:18.83	34.51			
	400m:	4:35.09	35.34	800m:	9:15.07	34.83	1200m:	13:53.67	34.84			
8.	Alisha Hawkins		Stockport Metro SC				17:24.17		+0,78	685		
	50m:	31.19	31.19	450m:	5:04.23	34.62	850m:	9:44.12	35.29	1250m:	14:27.94	35.66
	100m:	1:04.75	33.56	500m:	5:38.93	34.70	900m:	10:19.32	35.20	1300m:	15:03.56	35.62
	150m:	1:38.58	33.83	550m:	6:13.78	34.85	950m:	10:54.51	35.19	1350m:	15:39.16	35.60
	200m:	2:12.74	34.16	600m:	6:48.62	34.84	1000m:	11:29.97	35.46	1400m:	16:14.79	35.63
	250m:	2:46.86	34.12	650m:	7:23.65	35.03	1050m:	12:05.49	35.52	1450m:	16:50.06	35.27
	300m:	3:21.01	34.15	700m:	7:58.74	35.09	1100m:	12:41.04	35.55	1500m:	17:24.17	34.11
	350m:	3:55.26	34.25	750m:	8:33.88	35.14	1150m:	13:16.66	35.62			
	400m:	4:29.61	34.35	800m:	9:08.83	34.95	1200m:	13:52.28	35.62			
9.	Souad Nefissa Cherouati		Benfica				17:34.30		+0,77	665		
	50m:	32.22	32.22	450m:	5:11.97	35.19	850m:	9:54.21	35.26	1250m:	14:37.63	35.86
	100m:	1:06.74	34.52	500m:	5:47.06	35.09	900m:	10:29.43	35.22	1300m:	15:13.10	35.47
	150m:	1:41.38	34.64	550m:	6:22.57	35.51	950m:	11:04.81	35.38	1350m:	15:48.69	35.59
	200m:	2:16.38	35.00	600m:	6:57.75	35.18	1000m:	11:39.89	35.08	1400m:	16:24.29	35.60
	250m:	2:51.39	35.01	650m:	7:33.18	35.43	1050m:	12:15.30	35.41	1450m:	17:00.13	35.84
	300m:	3:26.45	35.06	700m:	8:08.41	35.23	1100m:	12:50.94	35.64	1500m:	17:34.30	34.17
	350m:	4:01.61	35.16	750m:	8:43.76	35.35	1150m:	13:26.53	35.59			
	400m:	4:36.78	35.17	800m:	9:18.95	35.19	1200m:	14:01.77	35.24			
10.	Astrid Julie Halvorsen		Lambertseter SK				17:37.30		+0,74	659		
	50m:	31.78	31.78	450m:	5:15.00	35.56	850m:	9:59.35	35.12	1250m:	14:41.99	35.26
	100m:	1:06.38	34.60	500m:	5:51.18	36.18	900m:	10:34.77	35.42	1300m:	15:17.60	35.61
	150m:	1:41.51	35.13	550m:	6:26.82	35.64	950m:	11:09.83	35.06	1350m:	15:53.13	35.53
	200m:	2:17.04	35.53	600m:	7:02.28	35.46	1000m:	11:45.30	35.47	1400m:	16:28.27	35.14
	250m:	2:52.54	35.50	650m:	7:37.64	35.36	1050m:	12:20.68	35.38	1450m:	17:02.95	34.68
	300m:	3:28.33	35.79	700m:	8:13.33	35.69	1100m:	12:56.18	35.50	1500m:	17:37.30	34.35
	350m:	4:03.66	35.33	750m:	8:48.60	35.27	1150m:	13:31.32	35.14			
	400m:	4:39.44	35.78	800m:	9:24.23	35.63	1200m:	14:06.73	35.41			
11.	Sapphi Gabbani		City Of Sheffield Swim Squad				17:38.15		+0,70	658		
	50m:	31.98	31.98	450m:	5:16.66	35.50	850m:	10:01.55	35.71	1250m:	14:42.84	35.19
	100m:	1:06.68	34.70	500m:	5:52.46	35.80	900m:	10:37.21	35.66	1300m:	15:17.91	35.07
	150m:	1:42.46	35.78	550m:	6:28.07	35.61	950m:	11:12.10	34.89	1350m:	15:53.32	35.41
	200m:	2:18.64	36.18	600m:	7:03.91	35.84	1000m:	11:47.45	35.35	1400m:	16:28.97	35.65
	250m:	2:54.51	35.87	650m:	7:39.39	35.48	1050m:	12:22.55	35.10	1450m:	17:04.21	35.24
	300m:	3:30.48	35.97	700m:	8:14.79	35.40	1100m:	12:57.60	35.05	1500m:	17:38.15	33.94
	350m:	4:05.78	35.30	750m:	8:50.15	35.36	1150m:	13:32.64	35.04			
	400m:	4:41.16	35.38	800m:	9:25.84	35.69	1200m:	14:07.65	35.01			
12.	Delara Ditterich		Baden-Württemberg				17:49.73		+0,79	637		
	50m:	31.35	31.35	450m:	5:10.94	35.13	850m:	9:55.46	35.71	1250m:	14:46.24	36.48
	100m:	1:05.39	34.04	500m:	5:46.14	35.20	900m:	10:31.67	36.21	1300m:	15:23.51	37.27
	150m:	1:39.95	34.56	550m:	6:21.36	35.22	950m:	11:07.32	35.65	1350m:	16:00.53	37.02
	200m:	2:14.89	34.94	600m:	6:57.21	35.85	1000m:	11:43.64	36.32	1400m:	16:37.83	37.30
	250m:	2:49.86	34.97	650m:	7:32.57	35.36	1050m:	12:19.88	36.24	1450m:	17:14.26	36.43
	300m:	3:25.29	35.43	700m:	8:08.48	35.91	1100m:	12:56.35	36.47	1500m:	17:49.73	35.47
	350m:	4:00.27	34.98	750m:	8:43.81	35.33	1150m:	13:32.86	36.51			
	400m:	4:35.81	35.54	800m:	9:19.75	35.94	1200m:	14:09.76	36.90			
13.	Liv-Kathy Göbel		Baden-Württemberg				17:53.16		+0,72	631		
	50m:	31.96	31.96	450m:	5:16.89	36.35	850m:	10:04.68	35.98	1250m:	14:54.27	36.19
	100m:	1:06.58	34.62	500m:	5:52.92	36.03	900m:	10:40.70	36.02	1300m:	15:30.33	36.06
	150m:	1:41.58	35.00	550m:	6:29.05	36.13	950m:	11:17.03	36.33	1350m:	16:06.64	36.31
	200m:	2:16.85	35.27	600m:	7:04.90	35.85	1000m:	11:53.06	36.03	1400m:	16:42.68	36.04
	250m:	2:52.73	35.88	650m:	7:40.98	36.08	1050m:	12:29.51	36.45	1450m:	17:18.62	35.94
	300m:	3:28.39	35.66	700m:	8:16.77	35.79	1100m:	13:05.57	36.06	1500m:	17:53.16	34.54
	350m:	4:04.51	36.12	750m:	8:52.91	36.14	1150m:	13:41.89	36.32			
	400m:	4:40.54	36.03	800m:	9:28.70	35.79	1200m:	14:18.08	36.19			
14.	Madelon Dijkstra		ZPCH				18:13.93		+0,83	595		
	50m:	31.90	31.90	450m:	5:24.22	36.90	850m:	10:19.63	36.97	1250m:	15:13.14	36.52
	100m:	1:07.23	35.33	500m:	6:01.28	37.06	900m:	10:56.81	37.18	1300m:	15:50.12	36.98
	150m:	1:43.32	36.09	550m:	6:38.04	36.76	950m:	11:33.41	36.60	1350m:	16:26.82	36.70
	200m:	2:19.69	36.37	600m:	7:15.15	37.11	1000m:	12:09.79	36.38	1400m:	17:03.52	36.70
	250m:	2:56.36	36.67	650m:	7:51.93	36.78	1050m:	12:46.20	36.41	1450m:	17:39.41	35.89
	300m:	3:33.50	37.14	700m:	8:29.08	37.15	1100m:	13:23.09	36.89	1500m:	18:13.93	34.52
	350m:	4:10.27	36.77	750m:	9:05.80	36.72	1150m:	13:59.60	36.51			
	400m:	4:47.32	37.05	800m:	9:42.66	36.86	1200m:	14:36.62	37.02			

Programmanr. 1, Dames, 1500m vrije slag, Senioren Open

rank	name	club name	time	RT	FINA	
15.	Sterre van de Goor	PSV	200102168	18:40.11	+0,85	554
	50m: 33.82	33.82	450m: 5:31.68	37.16	850m: 10:31.17	37.49
	100m: 1:10.43	36.61	500m: 6:09.18	37.50	900m: 11:09.14	37.97
	150m: 1:47.50	37.07	550m: 6:46.51	37.33	950m: 11:46.89	37.75
	200m: 2:24.80	37.30	600m: 7:23.74	37.23	1000m: 12:24.89	38.00
	250m: 3:02.15	37.35	650m: 8:01.02	37.28	1050m: 13:02.72	37.83
	300m: 3:39.81	37.66	700m: 8:38.36	37.34	1100m: 13:40.96	38.24
	350m: 4:16.99	37.18	750m: 9:15.74	37.38	1150m: 14:18.69	37.73
	400m: 4:54.52	37.53	800m: 9:53.68	37.94	1200m: 14:56.65	37.96
16.	Taylor O'Rourke	Northampton SC	977405	18:40.74	+0,77	554
	50m: 33.08	33.08	450m: 5:28.07	37.45	850m: 10:31.29	37.86
	100m: 1:09.27	36.19	500m: 6:05.43	37.36	900m: 11:08.89	37.60
	150m: 1:45.98	36.71	550m: 6:43.25	37.82	950m: 11:46.96	38.07
	200m: 2:22.62	36.64	600m: 7:21.21	37.96	1000m: 12:24.51	37.55
	250m: 2:59.26	36.64	650m: 7:59.20	37.99	1050m: 13:02.38	37.87
	300m: 3:36.31	37.05	700m: 8:37.03	37.83	1100m: 13:40.68	38.30
	350m: 4:13.44	37.13	750m: 9:15.23	38.20	1150m: 14:18.73	38.05
	400m: 4:50.62	37.18	800m: 9:53.43	38.20	1200m: 14:56.60	37.87
NG.ZA	Celine Rieder	Neckarsulmer Sport-Union	269621			