

Programmanr. 12
14-12-2019 - 9:30

Heren, 400m wisselslag

Senioren Open
Resultaten Voorronde

World Record	4:03.84	Michael Phelps	Beijing (CHN)	10-08-2008
European Record	4:06.16	Laszlo Cseh	Beijing (CHN)	10-08-2008
Nederlands Record Senioren	4:13.46	Arjan Knipping	Gwangju (KOR)	28-07-2019
Nederlands Record Jeugd	4:24.96	Jari Groenhart	Den Haag	07-04-2018
Nederlands Record Junioren	4:29.79	Sam van de Schootbrugge	Sheffield (GBR)	02-08-2009
Prestatie-eis OS Tokio 2020	4:15.84			
Prestatie-eis EK Boedapest 2020	4:18.61			
Prestatie-eis EJK Aberdeen 2020	4:29.88			
Prestatie-eis Post EJK-EK Budapest 2020	4:21.04			

Punten: FINA 2019

rank	name	club name	time	RT	FINA
1.	Joan Lluís Pons Ramon	Royal Spanish SF	4:17.56	+0,66	A 848
	50m: 27.69 27.69	150m: 1:31.65 32.80	250m: 2:40.37 35.63	350m: 3:48.03 30.55	
	100m: 58.85 31.16	200m: 2:04.74 33.09	300m: 3:17.48 37.11	400m: 4:17.56 29.53	
2.	Arjan Knipping	PSV	4:20.70	+0,71	A 818
	50m: 27.39 27.39	150m: 1:32.43 33.33	250m: 2:41.03 35.12	350m: 3:48.97 32.02	
	100m: 59.10 31.71	200m: 2:05.91 33.48	300m: 3:16.95 35.92	400m: 4:20.70 31.73	
3.	Hugo Gonzalez De Oliveira	Royal Spanish SF	4:23.61	+0,70	A 791
	50m: 26.86 26.86	150m: 1:31.85 34.00	250m: 2:43.36 37.53	350m: 3:53.47 32.25	
	100m: 57.85 30.99	200m: 2:05.83 33.98	300m: 3:21.22 37.86	400m: 4:23.61 30.14	
4.	Alex Castejon Ramirez	C.N. Sabadell	4:23.95	+0,66	A 788
	50m: 28.18 28.18	150m: 1:35.16 34.72	250m: 2:45.84 36.70	350m: 3:54.36 31.88	
	100m: 1:00.44 32.26	200m: 2:09.14 33.98	300m: 3:22.48 36.64	400m: 4:23.95 29.59	
5.	Jacob Heidtmann	ST Stadtwerke Elmshorn	4:23.98	+0,77	A 788
	50m: 27.74 27.74	150m: 1:34.78 35.03	250m: 2:45.04 36.39	350m: 3:53.78 31.34	
	100m: 59.75 32.01	200m: 2:08.65 33.87	300m: 3:22.44 37.40	400m: 4:23.98 30.20	
6.	Jacob Greenow	University of Bath	4:25.04	+0,68	A 778
	50m: 27.10 27.10	150m: 1:31.97 33.11	250m: 2:42.67 37.71	350m: 3:53.42 32.23	
	100m: 58.86 31.76	200m: 2:04.96 32.99	300m: 3:21.19 38.52	400m: 4:25.04 31.62	
7.	Sinan Rüegg	Limmat Sharks Zürich	4:26.17	+0,71	A 768
	50m: 28.08 28.08	150m: 1:36.61 35.33	250m: 2:47.68 36.24	350m: 3:55.71 31.50	
	100m: 1:01.28 33.20	200m: 2:11.44 34.83	300m: 3:24.21 36.53	400m: 4:26.17 30.46	
8.	Joao Alexandre Vital	Portugal	4:27.43	+0,70	A 758
	50m: 27.77 27.77	150m: 1:33.39 34.11	250m: 2:44.68 37.95	350m: 3:55.54 33.05	
	100m: 59.28 31.51	200m: 2:06.73 33.34	300m: 3:22.49 37.81	400m: 4:27.43 31.89	
9.	Francisco Javier Chacon Mateos	Royal Spanish SF	4:27.58	+0,76	B 756
	50m: 27.55 27.55	150m: 1:33.84 34.76	250m: 2:45.81 38.07	350m: 3:57.22 31.85	
	100m: 59.08 31.53	200m: 2:07.74 33.90	300m: 3:25.37 39.56	400m: 4:27.58 30.36	
10.	Thomas Jansen	OC-WVZ	4:30.59	+0,67	B 731
	50m: 28.13 28.13	150m: 1:35.39 34.23	250m: 2:48.50 38.10	350m: 3:59.64 31.94	
	100m: 1:01.16 33.03	200m: 2:10.40 35.01	300m: 3:27.70 39.20	400m: 4:30.59 30.95	
11.	Ruan Breytenbach	Tuks Swimming	4:31.94	+0,66	B 720
	50m: 28.80 28.80	150m: 1:37.92 36.67	250m: 2:51.98 38.04	350m: 4:01.65 32.20	
	100m: 1:01.25 32.45	200m: 2:13.94 36.02	300m: 3:29.45 37.47	400m: 4:31.94 30.29	
12.	Christoph Meier	Liechtensteiner SV	4:33.40	+0,69	B 709
	50m: 27.81 27.81	150m: 1:37.63 37.79	250m: 2:51.36 37.07	350m: 4:02.04 32.81	
	100m: 59.84 32.03	200m: 2:14.29 36.66	300m: 3:29.23 37.87	400m: 4:33.40 31.36	
13.	Ruan Ras	Tuks Swimming	4:33.77	+0,72	B 706
	50m: 27.45 27.45	150m: 1:34.56 34.82	250m: 2:48.01 38.89	350m: 4:01.77 33.25	
	100m: 59.74 32.29	200m: 2:09.12 34.56	300m: 3:28.52 40.51	400m: 4:33.77 32.00	
14.	Tim Dennis Kost	Baden-Württemberg	4:35.96	+0,74	B 689
	50m: 29.21 29.21	150m: 1:39.63 36.16	250m: 2:53.09 38.46	350m: 4:04.65 33.41	
	100m: 1:03.47 34.26	200m: 2:14.63 35.00	300m: 3:31.24 38.15	400m: 4:35.96 31.31	
15.	Alex Lebed	Israel Swimming Association	4:37.10	+0,72	B 681
	50m: 28.20 28.20	150m: 1:36.99 35.80	250m: 2:50.44 38.13	350m: 4:03.99 34.11	
	100m: 1:01.19 32.99	200m: 2:12.31 35.32	300m: 3:29.88 39.44	400m: 4:37.10 33.11	
16.	David Miller	University of Bath	4:38.82	+0,66	B 668
	50m: 29.86 29.86	150m: 1:41.26 36.14	250m: 2:55.15 38.99	350m: 4:06.95 32.75	
	100m: 1:05.12 35.26	200m: 2:16.16 34.90	300m: 3:34.20 39.05	400m: 4:38.82 31.87	
17.	Lars Verhalle	PSV	4:40.76	+0,74	R 655
	50m: 28.35 28.35	150m: 1:37.79 36.42	250m: 2:53.48 40.07	350m: 4:07.71 33.31	
	100m: 1:01.37 33.02	200m: 2:13.41 35.62	300m: 3:34.40 40.92	400m: 4:40.76 33.05	

onjuistheden / mistakes?

mail naar / to: amsterdamschrijving@swimcup.nl

Splash Meet Manager, 11.62141

Registered to KNZB

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Programmanr. 12, Heren, 400m wisselslag, Voorronde, Senioren Open

rank	name	club name	time	RT	FINA
18.	Joshua Vance	Northampton SC	922434	4:41.79 +0,76 R	647
	50m: 30.17 30.17	150m: 1:40.90 36.48	250m: 2:57.04 40.07	350m: 4:10.49 32.54	
	100m: 1:04.42 34.25	200m: 2:16.97 36.07	300m: 3:37.95 40.91	400m: 4:41.79 31.30	
19.	Samuel Blackett	Northampton SC	415177	4:44.03 +0,75	632
	50m: 29.59 29.59	150m: 1:39.86 36.68	250m: 2:56.51 40.95	350m: 4:11.56 34.11	
	100m: 1:03.18 33.59	200m: 2:15.56 35.70	300m: 3:37.45 40.94	400m: 4:44.03 32.47	
20.	Harvey Freeman	Northampton SC	908332	4:44.69 +0,69	628
	50m: 29.75 29.75	150m: 1:40.81 37.48	250m: 2:57.71 40.07	350m: 4:11.97 34.48	
	100m: 1:03.33 33.58	200m: 2:17.64 36.83	300m: 3:37.49 39.78	400m: 4:44.69 32.72	
21.	Jack Buswell	Northampton SC	750950	4:44.71 +0,64	628
	50m: 29.69 29.69	150m: 1:41.86 37.03	250m: 2:59.55 40.76	350m: 4:14.02 32.89	
	100m: 1:04.83 35.14	200m: 2:18.79 36.93	300m: 3:41.13 41.58	400m: 4:44.71 30.69	
22.	Matthew Randle	Tuks Swimming	030505	4:46.38 +0,64	617
	50m: 29.88 29.88	150m: 1:42.65 37.88	250m: 2:59.73 38.69	350m: 4:12.49 34.04	
	100m: 1:04.77 34.89	200m: 2:21.04 38.39	300m: 3:38.45 38.72	400m: 4:46.38 33.89	
23.	Mikael Söderberg	Upsala Simsällskap		4:46.43 +0,61	616
	50m: 29.93 29.93	150m: 1:44.89 39.46	250m: 3:02.52 39.30	350m: 4:15.20 32.86	
	100m: 1:05.43 35.50	200m: 2:23.22 38.33	300m: 3:42.34 39.82	400m: 4:46.43 31.23	
24.	Alexandre Tschabuschnig	Genève Natation 1885	17745	4:47.00 +0,69	613
	50m: 28.59 28.59	150m: 1:39.44 37.11	250m: 2:57.03 41.31	350m: 4:13.57 34.57	
	100m: 1:02.33 33.74	200m: 2:15.72 36.28	300m: 3:39.00 41.97	400m: 4:47.00 33.43	
25.	Samyar Abdoli	SSG Saar Max Ritter	415496	4:47.32 +0,80	611
	50m: 29.63 29.63	150m: 1:43.02 38.54	250m: 3:00.57 40.37	350m: 4:14.62 33.63	
	100m: 1:04.48 34.85	200m: 2:20.20 37.18	300m: 3:40.99 40.42	400m: 4:47.32 32.70	
26.	Carl Morris Magold	SSG Saar Max Ritter	348696	4:49.41 +0,65	598
	50m: 29.66 29.66	150m: 1:42.25 37.36	250m: 3:01.00 41.51	350m: 4:16.38 32.99	
	100m: 1:04.89 35.23	200m: 2:19.49 37.24	300m: 3:43.39 42.39	400m: 4:49.41 33.03	
27.	Kasper Tanghe	BRABO	11029/04	4:50.21 +0,73	593
	50m: 31.18 31.18	150m: 1:45.48 37.49	250m: 3:02.20 38.76	350m: 4:16.79 34.51	
	100m: 1:07.99 36.81	200m: 2:23.44 37.96	300m: 3:42.28 40.08	400m: 4:50.21 33.42	
28.	Marten Schmidt	SSG Saar Max Ritter	265298	4:57.21 +0,77	552
	50m: 29.88 29.88	150m: 1:46.29 41.44	250m: 3:07.22 40.06	350m: 4:23.15 34.81	
	100m: 1:04.85 34.97	200m: 2:27.16 40.87	300m: 3:48.34 41.12	400m: 4:57.21 34.06	
29.	Guus Hoogduin	ZVL-1886 Tetteroo	200201069	5:00.39 +0,71	534
	50m: 29.72 29.72	150m: 1:42.70 38.54	250m: 3:04.53 42.85	350m: 4:25.73 36.74	
	100m: 1:04.16 34.44	200m: 2:21.68 38.98	300m: 3:48.99 44.46	400m: 5:00.39 34.66	
30.	Jevon Penny	Northampton SC	962266	5:03.72 +0,75	517
	50m: 31.09 31.09	150m: 1:48.55 40.21	250m: 3:10.48 43.64	350m: 4:30.10 34.59	
	100m: 1:08.34 37.25	200m: 2:26.84 38.29	300m: 3:55.51 45.03	400m: 5:03.72 33.62	
AFGEM	Miles Drabwell	University of Bath	546453		