

Programmanr. 13  
14-12-2019 - 9:51

Dames, 400m vrije slag

Senioren Open  
Resultaten Voorrunde

World Record	3:56.46	Kathleen Ledecky	Rio de Janeiro (BRA)	07-08-2016
European Record	3:59.15	Federica Pellegrini	Rome (ITA)	26-07-2009
Nederlands Record Senioren	4:03.02	Sharon van Rouwendaal	Kazan (RUS)	02-08-2015
Nederlands Record Jeugd	4:11.35	Sharon van Rouwendaal	Eindhoven	12-06-2009
Nederlands Record Junioren	4:20.37	Karen Wammes	Antwerpen (BEL)	01-08-1991
Prestatie-eis OS Tokio 2020	4:07.90			
Prestatie-eis EK Boedapest 2020	4:13.26			
Prestatie-eis EJK Aberdeen 2020	4:19.03			
Prestatie-eis Post EJK-EK Budapest 2020	4:13.26			

Punten: FINA 2019

rank	name	club name	time	RT	fin.	FINA	PARA
<b>Senioren Open</b>							
1.	Holly Hibbott	Stockport Metro SC	<b>552401</b>	<b>4:13.14</b>	+0,73	A	815
	50m: 28.71	28.71	150m: 1:31.20	31.59	250m: 2:35.42	32.30	350m: 3:41.15
	100m: 59.61	30.90	200m: 2:03.12	31.92	300m: 3:08.59	33.17	400m: 4:13.14
							32.56
							31.99
2.	Julia Hassler	Liechtensteiner SV		<b>4:15.63</b>	+0,77	A	791
	50m: 29.40	29.40	150m: 1:33.31	32.13	250m: 2:38.04	32.59	350m: 3:43.38
	100m: 1:01.18	31.78	200m: 2:05.45	32.14	300m: 3:10.75	32.71	400m: 4:15.63
							32.63
							32.25
3.	Isabel Gose	SV Nikar Heidelberg	<b>284622</b>	<b>4:16.62</b>	+0,77	A	782
	50m: 29.60	29.60	150m: 1:33.61	32.14	250m: 2:38.69	32.58	350m: 3:44.61
	100m: 1:01.47	31.87	200m: 2:06.11	32.50	300m: 3:11.60	32.91	400m: 4:16.62
							33.01
							32.01
4.	Valentine Dumont	FFBN		<b>4:17.21</b>	+0,70	A	776
	50m: 29.62	29.62	150m: 1:34.76	32.85	250m: 2:40.10	32.47	350m: 3:45.65
	100m: 1:01.91	32.29	200m: 2:07.63	32.87	300m: 3:12.85	32.75	400m: 4:17.21
							32.80
							31.56
5.	María De Valdes Alvarez	Royal Spanish SF		<b>4:17.86</b>	+0,79	A	771
	50m: 30.91	30.91	150m: 1:35.77	32.36	250m: 2:40.71	32.28	350m: 3:45.75
	100m: 1:03.41	32.50	200m: 2:08.43	32.66	300m: 3:12.91	32.20	400m: 4:17.86
							32.84
							32.11
6.	Mireia Belmonte Garcia	Royal Spanish SF		<b>4:18.09</b>	+0,65	A	769
	50m: 30.12	30.12	150m: 1:36.60	33.51	250m: 2:42.64	32.94	350m: 3:47.12
	100m: 1:03.09	32.97	200m: 2:09.70	33.10	300m: 3:15.19	32.55	400m: 4:18.09
							31.93
							30.97
7.	Paula Juste Sanchez	Royal Spanish SF		<b>4:19.46</b>	+0,68	A	756
	50m: 29.77	29.77	150m: 1:34.76	32.63	250m: 2:40.29	32.76	350m: 3:46.69
	100m: 1:02.13	32.36	200m: 2:07.53	32.77	300m: 3:13.20	32.91	400m: 4:19.46
							33.49
							32.77
8.	Malene Rypestøl	Team Sør		<b>4:21.15</b>	+0,74	A	742
	50m: 28.94	28.94	150m: 1:33.94	32.84	250m: 2:42.00	34.17	350m: 3:48.82
	100m: 1:01.10	32.16	200m: 2:07.83	33.89	300m: 3:15.46	33.46	400m: 4:21.15
							33.36
							32.33
9.	Aina Olivan Mercader	C.N. Sabadell	<b>47570326</b>	<b>4:21.40</b>	+0,69	B	740
	50m: 30.06	30.06	150m: 1:35.54	32.93	250m: 2:42.08	33.15	350m: 3:48.65
	100m: 1:02.61	32.55	200m: 2:08.93	33.39	300m: 3:15.53	33.45	400m: 4:21.40
							33.12
							32.75
10.	Laura Setz	OC-Nova	<b>200000130</b>	<b>4:22.08</b>	+0,90	B	734
	50m: 29.92	29.92	150m: 1:35.88	33.45	250m: 2:42.90	33.59	350m: 3:49.92
	100m: 1:02.43	32.51	200m: 2:09.31	33.43	300m: 3:16.22	33.32	400m: 4:22.08
							33.70
							32.16
11.	Imani de Jong	OC-ZPCH	<b>200200464</b>	<b>4:22.31</b>	+0,77	B	732
	50m: 29.59	29.59	150m: 1:34.69	32.86	250m: 2:41.31	33.60	350m: 3:48.85
	100m: 1:01.83	32.24	200m: 2:07.71	33.02	300m: 3:14.79	33.48	400m: 4:22.31
							34.06
							33.46
12.	Serena Stel	OC-De Dolfijn	<b>199801528</b>	<b>4:22.36</b>	+0,71	B	732
	50m: 30.04	30.04	150m: 1:36.08	33.34	250m: 2:43.43	33.42	350m: 3:50.51
	100m: 1:02.74	32.70	200m: 2:10.01	33.93	300m: 3:17.38	33.95	400m: 4:22.36
							33.13
							31.85
13.	Silke Holkenborg	OC-VZC	<b>200100292</b>	<b>4:22.61</b>	+0,69	B	730
	50m: 29.64	29.64	150m: 1:34.96	32.95	250m: 2:41.73	33.29	350m: 3:49.67
	100m: 1:02.01	32.37	200m: 2:08.44	33.48	300m: 3:15.59	33.86	400m: 4:22.61
							34.08
							32.94
14.	Alisha Hawkins	Stockport Metro SC	<b>739984</b>	<b>4:23.06</b>	+0,75	B	726
	50m: 30.38	30.38	150m: 1:36.28	33.19	250m: 2:43.25	33.56	350m: 3:50.30
	100m: 1:03.09	32.71	200m: 2:09.69	33.41	300m: 3:16.84	33.59	400m: 4:23.06
							33.46
							32.76
15.	Josephine Tesch	SG Neukölln e.V. Berlin	<b>242579</b>	<b>4:25.26</b>	+0,72	B	708
	50m: 30.01	30.01	150m: 1:36.83	33.90	250m: 2:44.44	33.74	350m: 3:52.13
	100m: 1:02.93	32.92	200m: 2:10.70	33.87	300m: 3:18.21	33.77	400m: 4:25.26
							33.92
							33.13
16.	Delara Ditterich	Baden-Württemberg	<b>326908</b>	<b>4:25.29</b>	+0,80	B	708
	50m: 30.48	30.48	150m: 1:36.80	33.46	250m: 2:44.08	33.61	350m: 3:51.67
	100m: 1:03.34	32.86	200m: 2:10.47	33.67	300m: 3:17.88	33.80	400m: 4:25.29
							33.79
							33.62

onjuistheden / mistakes?

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Registered to KNZB

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Programmanr. 13, Dames, 400m vrije slag, Voorronde, Senioren Open

rank	name	club name	time	RT	fin.	FINA	PARA
17.	Lil Zyprian	SV Nikar Heidelberg	190816	<b>4:25.32</b>	+0,71	C	707
	50m: 29.79	29.79 150m: 1:35.45	33.25 250m: 2:43.45	34.27 350m: 3:52.35			34.63
	100m: 1:02.20	32.41 200m: 2:09.18	33.73 300m: 3:17.72	34.27 400m: 4:25.32			32.97
18.	Jimena Perez Blanco	Royal Spanish SF		<b>4:26.19</b>	+0,71	C	700
	50m: 31.27	31.27 150m: 1:38.59	33.47 250m: 2:45.76	33.34 350m: 3:53.24			33.66
	100m: 1:05.12	33.85 200m: 2:12.42	33.83 300m: 3:19.58	33.82 400m: 4:26.19			32.95
19.	Betsy Wizard	Northampton SC	758205	<b>4:26.39</b>	+0,75	C	699
	50m: 29.92	29.92 150m: 1:37.31	33.68 250m: 2:45.01	33.59 350m: 3:52.93			33.74
	100m: 1:03.63	33.71 200m: 2:11.42	34.11 300m: 3:19.19	34.18 400m: 4:26.39			33.46
20.	Christin Mundell	Tuks Swimming	010930	<b>4:27.06</b>	+0,68	C	694
	50m: 30.02	30.02 150m: 1:36.03	33.70 250m: 2:44.23	34.06 350m: 3:52.84			34.44
	100m: 1:02.33	32.31 200m: 2:10.17	34.14 300m: 3:18.40	34.17 400m: 4:27.06			34.22
21.	Samantha Randle	Tuks Swimming	981124	<b>4:28.21</b>	+0,77	C	685
	50m: 31.53	31.53 150m: 1:39.76	34.26 250m: 2:48.05	34.32 350m: 3:55.69			33.73
	100m: 1:05.50	33.97 200m: 2:13.73	33.97 300m: 3:21.96	33.91 400m: 4:28.21			32.52
22.	Kiara Noades	Tuks Swimming	010320	<b>4:28.84</b>	+0,72	C	680
	50m: 29.69	29.69 150m: 1:36.96	33.68 250m: 2:45.17	34.12 350m: 3:54.26			34.44
	100m: 1:03.28	33.59 200m: 2:11.05	34.09 300m: 3:19.82	34.65 400m: 4:28.84			34.58
23.	Janna van Kooten	OC-TriVia	200404584	<b>4:29.39</b>	+0,85	C	676
	50m: 30.17	30.17 150m: 1:39.08	34.64 250m: 2:47.99	34.07 350m: 3:56.92			34.16
	100m: 1:04.44	34.27 200m: 2:13.92	34.84 300m: 3:22.76	34.77 400m: 4:29.39			32.47
24.	Bente Fischer	Neckarsulmer Sport-Union	171649	<b>4:30.33</b>	+0,64	C	669
	50m: 30.60	30.60 150m: 1:38.71	34.06 250m: 2:47.60	34.32 350m: 3:56.88			34.28
	100m: 1:04.65	34.05 200m: 2:13.28	34.57 300m: 3:22.60	35.00 400m: 4:30.33			33.45
25.	Sapphi Gabbani	City Of Sheffield Swim Squad	830512	<b>4:30.98</b>	+0,70	R	664
	50m: 30.39	30.39 150m: 1:37.36	33.51 250m: 2:46.52	34.41 350m: 3:56.57			35.01
	100m: 1:03.85	33.46 200m: 2:12.11	34.75 300m: 3:21.56	35.04 400m: 4:30.98			34.41
26.	Meghan Byrne	University of Bath	320927	<b>4:33.36</b>	+0,80	R	647
	50m: 31.34	31.34 150m: 1:40.86	34.92 250m: 2:50.88	34.61 350m: 3:59.40			34.17
	100m: 1:05.94	34.60 200m: 2:16.27	35.41 300m: 3:25.23	34.35 400m: 4:33.36			33.96
27.	Gaia Sterre Mirotti	ZPC AMERSFOORT	200305158	<b>4:34.23</b>	+0,72		641
	50m: 30.47	30.47 150m: 1:38.90	34.66 250m: 2:48.79	34.97 350m: 3:59.40			35.46
	100m: 1:04.24	33.77 200m: 2:13.82	34.92 300m: 3:23.94	35.15 400m: 4:34.23			34.83
28.	Zoe Phillips	Tuks Swimming	030318	<b>4:36.16</b>	+0,79		627
	50m: 30.61	30.61 150m: 1:41.11	35.64 250m: 2:51.83	35.25 350m: 4:02.10			34.65
	100m: 1:05.47	34.86 200m: 2:16.58	35.47 300m: 3:27.45	35.62 400m: 4:36.16			34.06
29.	Souad Nefissa Cherouati	Benfica		<b>4:37.11</b>	+0,69		621
	50m: 32.18	32.18 150m: 1:41.57	34.78 250m: 2:51.41	34.93 350m: 4:02.03			35.39
	100m: 1:06.79	34.61 200m: 2:16.48	34.91 300m: 3:26.64	35.23 400m: 4:37.11			35.08
30.	Liv-Kathy Göbel	Baden-Württemberg	295500	<b>4:37.60</b>	+0,71		618
	50m: 31.19	31.19 150m: 1:40.16	34.66 250m: 2:51.26	35.76 350m: 4:03.12			35.89
	100m: 1:05.50	34.31 200m: 2:15.50	35.34 300m: 3:27.23	35.97 400m: 4:37.60			34.48
31.	Laure Gries	FFBN		<b>4:38.52</b>	+0,65		611
	50m: 31.06	31.06 150m: 1:41.78	35.79 250m: 2:53.29	36.19 350m: 4:04.66			35.57
	100m: 1:05.99	34.93 200m: 2:17.10	35.32 300m: 3:29.09	35.80 400m: 4:38.52			33.86
32.	Madelon Dijkstra	ZPCH	199703510	<b>4:39.91</b>	+0,83		602
	50m: 31.45	31.45 150m: 1:41.57	35.45 250m: 2:52.97	35.50 350m: 4:04.77			35.55
	100m: 1:06.12	34.67 200m: 2:17.47	35.90 300m: 3:29.22	36.25 400m: 4:39.91			35.14
33.	Tamara Grove	De Dolfijn	199601266	<b>4:41.91</b>	+0,71		590
	50m: 30.91	30.91 150m: 1:41.88	35.91 250m: 2:54.01	36.01 350m: 4:06.42			35.90
	100m: 1:05.97	35.06 200m: 2:18.00	36.12 300m: 3:30.52	36.51 400m: 4:41.91			35.49
34.	Zara Mulooley	Northampton SC	908441	<b>4:43.45</b>	+0,77	Q	580
	50m: 31.47	31.47 150m: 1:42.71	36.36 250m: 2:55.01	36.10 350m: 4:08.26			36.77
	100m: 1:06.35	34.88 200m: 2:18.91	36.20 300m: 3:31.49	36.48 400m: 4:43.45			35.19
35.	Hannah Schirra	SSG Saar Max Ritter	313327	<b>4:44.49</b>	+0,70		574
	50m: 31.95	31.95 150m: 1:44.86	36.90 250m: 2:58.29	36.61 350m: 4:10.08			35.21
	100m: 1:07.96	36.01 200m: 2:21.68	36.82 300m: 3:34.87	36.58 400m: 4:44.49			34.41
36.	Sterre van de Goor	PSV	200102168	<b>4:44.93</b>	+0,77		571
	50m: 32.23	32.23 150m: 1:43.65	35.99 250m: 2:56.80	36.49 350m: 4:09.67			36.42
	100m: 1:07.66	35.43 200m: 2:20.31	36.66 300m: 3:33.25	36.45 400m: 4:44.93			35.26
37.	Maya Werner	Neckarsulmer Sport-Union	336631	<b>4:45.78</b>	+0,85		566
	50m: 31.83	31.83 150m: 1:41.68	35.06 250m: 2:55.07	37.05 350m: 4:09.42			37.32
	100m: 1:06.62	34.79 200m: 2:18.02	36.34 300m: 3:32.10	37.03 400m: 4:45.78			36.36

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Programmanr. 13, Dames, 400m vrije slag, Voorronde, Senioren Open

rank	name	club name	time	RT	fin.	FINA	PARA
38.	Carlijn Hansté	OC-WS Twente	<b>4:47.76</b>	+0,70		554	
	50m: 31.49	31.49 150m: 1:42.20	35.83 250m: 2:55.93	37.03 350m: 4:11.00		37.45	
	100m: 1:06.37	34.88 200m: 2:18.90	36.70 300m: 3:33.55	37.62 400m: 4:47.76		36.76	
39.	Maike Naomi Schnittger	NPC Germany	<b>4:47.87</b>	+0,66	Q	554	892
	50m: 32.19	32.19 150m: 1:44.58	36.43 250m: 2:57.55	36.48 350m: 4:11.41		36.91	
	100m: 1:08.15	35.96 200m: 2:21.07	36.49 300m: 3:34.50	36.95 400m: 4:47.87		36.46	
40.	Jonne Moleman	LinK	<b>5:19.49</b>	+0,84	Q	405	820
	50m: 35.99	35.99 150m: 1:56.48	40.55 250m: 3:18.27	40.81 350m: 4:39.70		40.43	
	100m: 1:15.93	39.94 200m: 2:37.46	40.98 300m: 3:59.27	41.00 400m: 5:19.49		39.79	
41.	Julia Benito De Tena	IPC Spain	<b>5:20.16</b>	+0,70	Q	402	600
	50m: 36.70	36.70 150m: 1:58.08	40.93 250m: 3:19.65	40.81 350m: 4:40.92		40.09	
	100m: 1:17.15	40.45 200m: 2:38.84	40.76 300m: 4:00.83	41.18 400m: 5:20.16		39.24	
42.	Anna Catalina Krzyzaniak	NPC Germany	<b>5:21.71</b>	+0,68	Q	397	654
	50m: 35.77	35.77 150m: 1:58.61	41.57 250m: 3:20.64	40.93 350m: 4:42.18		40.52	
	100m: 1:17.04	41.27 200m: 2:39.71	41.10 300m: 4:01.66	41.02 400m: 5:21.71		39.53	
43.	Maisie Summers-Newton	Northampton SC	<b>5:36.27</b>	+0,62	Q	347	820
	50m: 37.91	37.91 150m: 2:03.21	42.99 250m: 3:28.90	42.84 350m: 4:54.02		42.52	
	100m: 1:20.22	42.31 200m: 2:46.06	42.85 300m: 4:11.50	42.60 400m: 5:36.27		42.25	
44.	Milou van Winkel	HPC PARA-LinK	<b>5:36.61</b>	+0,89	Q	346	500
	50m: 35.96	35.96 150m: 1:59.37	42.17 250m: 3:26.99	43.00 350m: 4:55.00		43.83	
	100m: 1:17.20	41.24 200m: 2:43.99	44.62 300m: 4:11.17	44.18 400m: 5:36.61		41.61	
45.	Gina Böttcher	NPC Germany	<b>6:45.01</b>	+0,65	Q	199	947
	50m: 46.50	46.50 150m: 2:27.51	50.98 250m: 4:10.18	51.02 350m: 5:53.76		51.87	
	100m: 1:36.53	50.03 200m: 3:19.16	51.65 300m: 5:01.89	51.71 400m: 6:45.01		51.25	
NG.ZA	Celine Rieder	Neckarsulmer Sport-Union	269621				
AFGEM	Liesette Bruinsma	HPC PARA-HZ&PC Heerenveen	200004346	S11			
NG	Marin Wieling	ZPC AMERSFOORT	200501220				
NG	Robin Neumann	De Dolfijn	199706190				

Paralympics

1.	Gina Böttcher	NPC Germany	<b>6:45.01</b>	+0,65	Q	199	947
	50m: 46.50	46.50 150m: 2:27.51	50.98 250m: 4:10.18	51.02 350m: 5:53.76		51.87	
	100m: 1:36.53	50.03 200m: 3:19.16	51.65 300m: 5:01.89	51.71 400m: 6:45.01		51.25	
2.	Maike Naomi Schnittger	NPC Germany	<b>4:47.87</b>	+0,66	Q	554	892
	50m: 32.19	32.19 150m: 1:44.58	36.43 250m: 2:57.55	36.48 350m: 4:11.41		36.91	
	100m: 1:08.15	35.96 200m: 2:21.07	36.49 300m: 3:34.50	36.95 400m: 4:47.87		36.46	
3.	Zara Mullooly	Northampton SC	<b>4:43.45</b>	+0,77	Q	580	864
	50m: 31.47	31.47 150m: 1:42.71	36.36 250m: 2:55.01	36.10 350m: 4:08.26		36.77	
	100m: 1:06.35	34.88 200m: 2:18.91	36.20 300m: 3:31.49	36.48 400m: 4:43.45		35.19	
4.	Jonne Moleman	LinK	<b>5:19.49</b>	+0,84	Q	405	820
	50m: 35.99	35.99 150m: 1:56.48	40.55 250m: 3:18.27	40.81 350m: 4:39.70		40.43	
	100m: 1:15.93	39.94 200m: 2:37.46	40.98 300m: 3:59.27	41.00 400m: 5:19.49		39.79	
	Maisie Summers-Newton	Northampton SC	<b>5:36.27</b>	+0,62	Q	347	820
	50m: 37.91	37.91 150m: 2:03.21	42.99 250m: 3:28.90	42.84 350m: 4:54.02		42.52	
	100m: 1:20.22	42.31 200m: 2:46.06	42.85 300m: 4:11.50	42.60 400m: 5:36.27		42.25	
6.	Anna Catalina Krzyzaniak	NPC Germany	<b>5:21.71</b>	+0,68	Q	397	654
	50m: 35.77	35.77 150m: 1:58.61	41.57 250m: 3:20.64	40.93 350m: 4:42.18		40.52	
	100m: 1:17.04	41.27 200m: 2:39.71	41.10 300m: 4:01.66	41.02 400m: 5:21.71		39.53	
7.	Julia Benito De Tena	IPC Spain	<b>5:20.16</b>	+0,70	Q	402	600
	50m: 36.70	36.70 150m: 1:58.08	40.93 250m: 3:19.65	40.81 350m: 4:40.92		40.09	
	100m: 1:17.15	40.45 200m: 2:38.84	40.76 300m: 4:00.83	41.18 400m: 5:20.16		39.24	
8.	Milou van Winkel	HPC PARA-LinK	<b>5:36.61</b>	+0,89	Q	346	500
	50m: 35.96	35.96 150m: 1:59.37	42.17 250m: 3:26.99	43.00 350m: 4:55.00		43.83	
	100m: 1:17.20	41.24 200m: 2:43.99	44.62 300m: 4:11.17	44.18 400m: 5:36.61		41.61	
AFGEM	Liesette Bruinsma	HPC PARA-HZ&PC Heerenveen	200004346	S11			

onjuistheden / mistakes?

mail naar / to: [amsterdamschrijving@swimcup.nl](mailto:amsterdamschrijving@swimcup.nl)

Splash Meet Manager, 11.62141

Registered to KNZB

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