

Programmanr. 14  
14-12-2019 - 10:31

Heren, 400m vrije slag

Senioren Open  
Resultaten Voorronde

World Record	3:40.07	Paul Biedermann	Rome (ITA)	26-07-2009
European Record	3:40.07	Paul Biedermann	Rome (ITA)	26-07-2009
Nederlands Record Senioren	3:47.09	Maarten Brzoskowski	Londen (GBR)	16-05-2016
Nederlands Record Jeugd	3:50.91	Luc Kroon	Kazan (RUS)	03-07-2019
Nederlands Record Junioren	3:56.45	Pieter van den Hoogenband	Pardubice (CEC)	04-08-1994
Prestatie-eis OS Tokio 2020	3:46.78			
Prestatie-eis EK Boedapest 2020	3:48.58			
Prestatie-eis EJK Aberdeen 2020	3:54.93			
Prestatie-eis Post EJK-EK Budapest 2020	3:53.70			

Punten: FINA 2019

rank	name	club name	time	RT	fin.	FINA	PARA	
<b>Senioren Open</b>								
1.	Miguel Duran Navia	Royal Spanish SF	<b>3:53.39</b>	+0,71	A	838		
	50m: 27.41	27.41	150m: 1:26.92	29.67	250m: 2:26.22	29.22	350m: 3:24.62	29.20
	100m: 57.25	29.84	200m: 1:57.00	30.08	300m: 2:55.42	29.20	400m: 3:53.39	28.77
2.	Antonio Djakovic	SC Uster Wallisellen	27340	<b>3:55.45</b>	+0,65	A	816	
	50m: 26.36	26.36	150m: 1:25.66	29.77	250m: 2:26.12	30.23	350m: 3:26.37	30.08
	100m: 55.89	29.53	200m: 1:55.89	30.23	300m: 2:56.29	30.17	400m: 3:55.45	29.08
3.	Luc Kroon	OC-Ed-Vo	200100697	<b>3:55.56</b>	+0,76	A	815	
	50m: 27.20	27.20	150m: 1:27.09	30.03	250m: 2:27.57	29.93	350m: 3:27.00	29.10
	100m: 57.06	29.86	200m: 1:57.64	30.55	300m: 2:57.90	30.33	400m: 3:55.56	28.56
4.	Bar Soloveyckick	Israel Swimming Association		<b>3:55.59</b>	+0,69	A	815	
	50m: 27.69	27.69	150m: 1:27.46	29.88	250m: 2:27.08	29.59	350m: 3:27.02	29.83
	100m: 57.58	29.89	200m: 1:57.49	30.03	300m: 2:57.19	30.11	400m: 3:55.59	28.57
5.	Ferran Julià Tous	C.E. Mediterrani		<b>3:55.72</b>	+0,66	A	813	
	50m: 27.56	27.56	150m: 1:27.24	29.96	250m: 2:28.09	30.36	350m: 3:27.59	29.46
	100m: 57.28	29.72	200m: 1:57.73	30.49	300m: 2:58.13	30.04	400m: 3:55.72	28.13
6.	Denis Loktev	Israel Swimming Association		<b>3:55.79</b>	+0,64	A	813	
	50m: 27.00	27.00	150m: 1:26.71	29.93	250m: 2:27.09	29.91	350m: 3:27.35	30.20
	100m: 56.78	29.78	200m: 1:57.18	30.47	300m: 2:57.15	30.06	400m: 3:55.79	28.44
7.	Cesar Castro Valle	C.N. Santa Olaya		<b>3:57.14</b>	+0,64	A	799	
	50m: 27.23	27.23	150m: 1:26.87	30.19	250m: 2:27.47	30.08	350m: 3:28.30	29.97
	100m: 56.68	29.45	200m: 1:57.39	30.52	300m: 2:58.33	30.86	400m: 3:57.14	28.84
8.	Lander Hendrickx	Leuven Aquatics	11115/94	<b>3:57.86</b>	+0,64	A	791	
	50m: 27.27	27.27	150m: 1:26.90	30.10	250m: 2:27.18	30.12	350m: 3:27.70	30.25
	100m: 56.80	29.53	200m: 1:57.06	30.16	300m: 2:57.45	30.27	400m: 3:57.86	30.16
9.	Henning Mühleitner	Neckarsulmer Sport-Union	194396	<b>3:57.90</b>	+0,76	B	791	
	50m: 28.17	28.17	150m: 1:27.95	29.79	250m: 2:27.85	29.53	350m: 3:28.03	29.95
	100m: 58.16	29.99	200m: 1:58.32	30.37	300m: 2:58.08	30.23	400m: 3:57.90	29.87
10.	Pepijn Smits	HPC-PSV	199600691	<b>3:58.97</b>	+0,79	B	781	
	50m: 27.97	27.97	150m: 1:28.02	30.05	250m: 2:29.00	30.34	350m: 3:30.12	30.22
	100m: 57.97	30.00	200m: 1:58.66	30.64	300m: 2:59.90	30.90	400m: 3:58.97	28.85
11.	Marcos Rodriguez Mesa	C.N. Terrassa	1126743	<b>3:59.31</b>	+0,74	B	777	
	50m: 27.49	27.49	150m: 1:27.45	30.17	250m: 2:28.41	30.39	350m: 3:29.55	30.52
	100m: 57.28	29.79	200m: 1:58.02	30.57	300m: 2:59.03	30.62	400m: 3:59.31	29.76
12.	Bart Sommeling	OC-De Dolfijn	199800765	<b>3:59.55</b>	+0,75	B	775	
	50m: 27.30	27.30	150m: 1:28.54	30.85	250m: 2:29.45	30.06	350m: 3:30.35	30.06
	100m: 57.69	30.39	200m: 1:59.39	30.85	300m: 3:00.29	30.84	400m: 3:59.55	29.20
13.	William Ryley	University of Bath	287155	<b>3:59.64</b>	+0,70	B	774	
	50m: 27.36	27.36	150m: 1:27.13	30.20	250m: 2:28.16	30.69	350m: 3:30.65	31.45
	100m: 56.93	29.57	200m: 1:57.47	30.34	300m: 2:59.20	31.04	400m: 3:59.64	28.99
14.	James Freeman	Tuks Swimming	010328	<b>3:59.68</b>	+0,67	B	774	
	50m: 27.16	27.16	150m: 1:27.32	30.13	250m: 2:28.17	30.65	350m: 3:28.83	30.76
	100m: 57.19	30.03	200m: 1:57.52	30.20	300m: 2:58.07	29.90	400m: 3:59.68	30.85
15.	Gil Kiesler	Israel Swimming Association		<b>3:59.79</b>	+0,67	B	773	
	50m: 28.09	28.09	150m: 1:28.26	30.20	250m: 2:29.16	30.13	350m: 3:30.23	30.57
	100m: 58.06	29.97	200m: 1:59.03	30.77	300m: 2:59.66	30.50	400m: 3:59.79	29.56
16.	Yasunari Hirai	Neckarsulmer Sport-Union	431741	<b>4:01.59</b>	+0,71	B	755	
	50m: 28.52	28.52	150m: 1:28.55	30.14	250m: 2:29.95	30.48	350m: 3:32.20	31.12
	100m: 58.41	29.89	200m: 1:59.47	30.92	300m: 3:01.08	31.13	400m: 4:01.59	29.39

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Programmanr. 14, Heren, 400m vrije slag, Voorronde, Senioren Open

rank	name	club name	time	RT	fin.	FINA	PARA
17.	Iñigo Pravia De La Guerra	Real Canoe N.C.	<b>4:02.13</b>	+0,68	C	750	
	50m: 27.82	27.82 150m: 1:28.75	30.86	350m: 3:32.54		31.00	
	100m: 57.95	30.13 200m: 1:59.70	30.98	400m: 4:02.13		29.59	
18.	Antoni Mulet Matheu	Real Canoe N.C.	<b>4:02.31</b>	+0,73	C	749	
	50m: 28.08	28.08 150m: 1:29.57	30.68	350m: 3:32.94		30.06	
	100m: 58.62	30.54 200m: 2:00.91	31.29	400m: 4:02.31		29.37	
19.	Alberto Martinez Murcia	CN Marina Cartagena Ancora MURCIA	<b>4:02.43</b>	+0,67	C	748	
	50m: 28.27	28.27 150m: 1:29.13	30.60	350m: 3:32.24		30.82	
	100m: 58.58	30.31 200m: 1:59.85	30.97	400m: 4:02.43		30.19	
20.	Chad Michau	PSV 200005653	<b>4:02.49</b>	+0,72	C	747	
	50m: 28.13	28.13 150m: 1:29.23	30.50	350m: 3:32.62		31.10	
	100m: 58.80	30.67 200m: 1:59.96	31.06	400m: 4:02.49		29.87	
21.	Vincent Crooijmans	OC-VZC 200100381	<b>4:03.25</b>	+0,75	C	740	
	50m: 28.10	28.10 150m: 1:28.51	30.96	350m: 3:32.69		31.31	
	100m: 58.14	30.04 200m: 1:59.18	31.24	400m: 4:03.25		30.56	
22.	Sander Crooijmans	OC-VZC 200100383	<b>4:04.81</b>	+0,77	C	726	
	50m: 28.10	28.10 150m: 1:29.29	30.74	350m: 3:34.19		31.29	
	100m: 58.50	30.40 200m: 2:00.79	31.37	400m: 4:04.81		30.62	
23.	George Barber	City Of Sheffield Swim Squad 922737	<b>4:04.95</b>	+0,66	C	725	
	50m: 27.75	27.75 150m: 1:29.09	30.93	350m: 3:33.62		31.22	
	100m: 58.27	30.52 200m: 2:00.36	31.11	400m: 4:04.95		31.33	
24.	Alexi Schmid	Neckarsulmer Sport-Union 412916	<b>4:05.18</b>	+0,65	C	723	
	50m: 26.97	26.97 150m: 1:27.36	30.82	350m: 3:32.55		32.50	
	100m: 56.70	29.73 200m: 1:57.66	31.57	400m: 4:05.18		32.63	
25.	Ruan Ras	Tuks Swimming 961227	<b>4:07.21</b>	+0,70	R	705	
	50m: 27.74	27.74 150m: 1:29.19	31.89	350m: 3:35.84		31.86	
	100m: 58.06	30.32 200m: 2:00.73	31.36	400m: 4:07.21		31.37	
26.	Pol Gil Tarazona	C.N. Fuensanta	<b>4:08.63</b>	+0,66	R	693	
	50m: 28.71	28.71 150m: 1:31.29	31.34	350m: 3:37.64		31.86	
	100m: 59.82	31.11 200m: 2:02.81	31.63	400m: 4:08.63		30.99	
27.	Philipp Dalferth	SV Schwäbisch Gmünd 284464	<b>4:09.35</b>	+0,70		687	
	50m: 28.49	28.49 150m: 1:31.30	31.53	350m: 3:38.32		31.92	
	100m: 59.81	31.32 200m: 2:02.96	31.91	400m: 4:09.35		31.03	
28.	Elliot Sodemann	Leuven Aquatics 11179/98	<b>4:09.90</b>	+0,72		682	
	50m: 29.47	29.47 150m: 1:31.81	31.78	350m: 3:39.06		32.30	
	100m: 1:00.41	30.94 200m: 2:03.16	31.82	400m: 4:09.90		30.84	
29.	Billy Pettit	Northampton SC 817594	<b>4:11.28</b>	+0,64		671	
	50m: 28.58	28.58 150m: 1:31.57	32.07	350m: 3:39.94		31.88	
	100m: 59.68	31.10 200m: 2:03.78	32.21	400m: 4:11.28		31.34	
30.	Archie Plowman	Northampton SC 719756	<b>4:12.06</b>	+0,67		665	
	50m: 28.59	28.59 150m: 1:32.03	32.39	350m: 3:40.84		32.23	
	100m: 1:00.05	31.46 200m: 2:04.17	32.05	400m: 4:12.06		31.22	
31.	Seppe Marichal	Leuven Aquatics 11423/01	<b>4:12.86</b>	+0,75		659	
	50m: 30.51	30.51 150m: 1:33.73	31.95	350m: 3:41.20		31.32	
	100m: 1:01.88	31.37 200m: 2:06.17	31.76	400m: 4:12.86		31.66	
32.	Jackson O'Rourke	Northampton SC 889230	<b>4:14.20</b>	+0,78		648	
	50m: 28.63	28.63 150m: 1:32.69	32.03	350m: 3:42.38		33.16	
	100m: 1:00.08	31.45 200m: 2:04.20	32.99	400m: 4:14.20		31.82	
33.	Bas Takken	HPC PARA-De Dolfijn 199901643 S10	<b>4:15.42</b>	+0,72	Q	639	806
	50m: 28.12	28.12 150m: 1:31.02	33.50	350m: 3:42.96		32.71	
	100m: 59.27	31.15 200m: 2:03.22	33.53	400m: 4:15.42		32.46	
34.	Jack Buswell	Northampton SC 750950	<b>4:15.45</b>	+0,64		639	
	50m: 29.11	29.11 150m: 1:33.41	32.36	350m: 3:43.96		32.42	
	100m: 1:00.86	31.75 200m: 2:06.35	32.83	400m: 4:15.45		31.49	
35.	Luca Leon Schumacher	SSG Saar Max Ritter 324042	<b>4:16.94</b>	+0,69		628	
	50m: 29.14	29.14 150m: 1:34.34	33.22	350m: 3:46.82		33.05	
	100m: 1:01.36	32.22 200m: 2:07.30	33.25	400m: 4:16.94		30.12	
36.	Louis Heim	Baden-Württemberg 316956	<b>4:18.88</b>	+0,69		614	
	50m: 28.38	28.38 150m: 1:32.89	33.03	350m: 3:46.41		33.35	
	100m: 1:00.19	31.81 200m: 2:06.62	33.41	400m: 4:18.88		32.47	
37.	Sem Zijl	De Dolfijn 200204757	<b>4:19.47</b>	+0,66		610	
	50m: 28.87	28.87 150m: 1:33.26	33.53	350m: 3:47.15		33.53	
	100m: 1:00.58	31.71 200m: 2:06.60	33.49	400m: 4:19.47		32.32	

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Programmanr. 14, Heren, 400m vrije slag, Voorronde, Senioren Open

rank	name	club name	time	RT	fin.	FINA	PARA
38.	Nino Sieling	De Dolfijn	199701845	<b>4:19.55</b>	+0,68	609	
	50m: 28.27	28.27 150m: 1:32.55	32.50 250m: 2:38.15	32.90 350m: 3:45.28		34.14	
	100m: 1:00.05	31.78 200m: 2:05.25	32.70 300m: 3:11.14	32.99 400m: 4:19.55		34.27	
39.	Alexander Dakers	University of Bath	1210848	<b>4:20.40</b>	+0,70	603	
	50m: 29.39	29.39 150m: 1:33.14	32.25 250m: 2:39.99	33.66 350m: 3:47.95		33.65	
	100m: 1:00.89	31.50 200m: 2:06.33	33.19 300m: 3:14.30	34.31 400m: 4:20.40		32.45	
40.	Matthew Randle	Tuks Swimming	030505	<b>4:22.73</b>	+0,65	587	
	50m: 29.02	29.02 150m: 1:34.78	33.23 250m: 2:42.14	33.66 350m: 3:49.61		33.77	
	100m: 1:01.55	32.53 200m: 2:08.48	33.70 300m: 3:15.84	33.70 400m: 4:22.73		33.12	
41.	Jacobo Garrido Brun	IPC Spain	S9	<b>4:24.29</b>	+0,74	Q 577	846
	50m: 30.72	30.72 150m: 1:37.86	33.78 250m: 2:45.26	33.24 350m: 3:52.33		33.52	
	100m: 1:04.08	33.36 200m: 2:12.02	34.16 300m: 3:18.81	33.55 400m: 4:24.29		31.96	
42.	Merlin Belmon	OC-De Dolfijn	200403191	<b>4:25.41</b>	+0,75	570	
	50m: 29.84	29.84 150m: 1:36.46	33.93 250m: 2:44.04	33.71 350m: 3:52.72		34.68	
	100m: 1:02.53	32.69 200m: 2:10.33	33.87 300m: 3:18.04	34.00 400m: 4:25.41		32.69	
43.	Adi Ramovic	Upsala Simsällskap		<b>4:27.93</b>	+0,63	554	
	50m: 29.50	29.50 150m: 1:35.80	33.44 250m: 2:44.79	34.33 350m: 3:53.85		34.28	
	100m: 1:02.36	32.86 200m: 2:10.46	34.66 300m: 3:19.57	34.78 400m: 4:27.93		34.08	
44.	Jevon Penny	Northampton SC	962266	<b>4:29.01</b>	+0,76	547	
	50m: 29.55	29.55 150m: 1:35.64	33.73 250m: 2:45.07	34.72 350m: 3:55.17		34.93	
	100m: 1:01.91	32.36 200m: 2:10.35	34.71 300m: 3:20.24	35.17 400m: 4:29.01		33.84	
45.	Bram Daalman	HPC PARA-ZV Haerlem	200300629	<b>4:46.97</b>	+0,85	Q 450	690
	50m: 30.96	30.96 150m: 1:42.50	35.94 250m: 2:56.59	36.98 350m: 4:10.58		37.24	
	100m: 1:06.56	35.60 200m: 2:19.61	37.11 300m: 3:33.34	36.75 400m: 4:46.97		36.39	
46.	Laurin Matti Walther	NPC Germany	36092	<b>4:47.43</b>	+0,77	Q 448	657
	50m: 31.78	31.78 150m: 1:43.57	36.48 250m: 2:57.42	36.85 350m: 4:10.99		36.72	
	100m: 1:07.09	35.31 200m: 2:20.57	37.00 300m: 3:34.27	36.85 400m: 4:47.43		36.44	
47.	Thijs van Hofweegen	HPC PARA-ZPC AMERSFOORT	199605253	<b>5:28.65</b>	+0,86	Q 300	766
	50m: 35.13	35.13 150m: 1:57.50	42.01 250m: 3:21.75	42.71 350m: 4:47.30		43.13	
	100m: 1:15.49	40.36 200m: 2:39.04	41.54 300m: 4:04.17	42.42 400m: 5:28.65		41.35	
NG.ZA	Fynn Minuth	Neckarsulmer Sport-Union	168354				
NG.ZA	Timo Sorgius	SSG Saar Max Ritter	312294				
AFGEM	Iñigo Llopis Sanz	IPC Spain				S8	

Paralympics

1.	Jacobo Garrido Brun	IPC Spain	S9	<b>4:24.29</b>	+0,74	Q 577	846
	50m: 30.72	30.72 150m: 1:37.86	33.78 250m: 2:45.26	33.24 350m: 3:52.33		33.52	
	100m: 1:04.08	33.36 200m: 2:12.02	34.16 300m: 3:18.81	33.55 400m: 4:24.29		31.96	
2.	Bas Takken	HPC PARA-De Dolfijn	199901643	<b>4:15.42</b>	+0,72	Q 639	806
	50m: 28.12	28.12 150m: 1:31.02	31.75 250m: 2:36.72	33.50 350m: 3:42.96		32.71	
	100m: 59.27	31.15 200m: 2:03.22	32.20 300m: 3:10.25	33.53 400m: 4:15.42		32.46	
3.	Thijs van Hofweegen	HPC PARA-ZPC AMERSFOORT	199605253	<b>5:28.65</b>	+0,86	Q 300	766
	50m: 35.13	35.13 150m: 1:57.50	42.01 250m: 3:21.75	42.71 350m: 4:47.30		43.13	
	100m: 1:15.49	40.36 200m: 2:39.04	41.54 300m: 4:04.17	42.42 400m: 5:28.65		41.35	
4.	Bram Daalman	HPC PARA-ZV Haerlem	200300629	<b>4:46.97</b>	+0,85	Q 450	690
	50m: 30.96	30.96 150m: 1:42.50	35.94 250m: 2:56.59	36.98 350m: 4:10.58		37.24	
	100m: 1:06.56	35.60 200m: 2:19.61	37.11 300m: 3:33.34	36.75 400m: 4:46.97		36.39	
5.	Laurin Matti Walther	NPC Germany	36092	<b>4:47.43</b>	+0,77	Q 448	657
	50m: 31.78	31.78 150m: 1:43.57	36.48 250m: 2:57.42	36.85 350m: 4:10.99		36.72	
	100m: 1:07.09	35.31 200m: 2:20.57	37.00 300m: 3:34.27	36.85 400m: 4:47.43		36.44	
AFGEM	Iñigo Llopis Sanz	IPC Spain				S8	

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