

Programmanr. 14
14-12-2019

Heren, 400m vrije slag

Senioren Open
Resultaten Finale

World Record	3:40.07	Paul Biedermann	Rome (ITA)	26-07-2009
European Record	3:40.07	Paul Biedermann	Rome (ITA)	26-07-2009
Nederlands Record Senioren	3:47.09	Maarten Brzoskowski	Londen (GBR)	16-05-2016
Nederlands Record Jeugd	3:50.91	Luc Kroon	Kazan (RUS)	03-07-2019
Nederlands Record Junioren	3:56.45	Pieter van den Hoogenband	Pardubice (CEC)	04-08-1994
Prestatie-eis OS Tokio 2020	3:46.78			
Prestatie-eis EK Boedapest 2020	3:48.58			
Prestatie-eis EJK Aberdeen 2020	3:54.93			
Prestatie-eis Post EJK-EK Budapest 2020	3:53.70			

Punten: FINA 2019

rank	name	club name	time	RT	FINA	PARA		
Paralympics								
1.	Bas Takken	HPC PARA-De Dolfijn	199901643 S10	4:13.60	+0,70	653 824		
	50m: 28.08	28.08	150m: 1:31.63	32.43	250m: 2:36.49	32.74	350m: 3:42.03	32.82
	100m: 59.20	31.12	200m: 2:03.75	32.12	300m: 3:09.21	32.72	400m: 4:13.60	31.57
2.	Jacobo Garrido Brun	IPC Spain	S9	4:29.83	+0,74	542 795		
	50m: 30.40	30.40	150m: 1:39.22	34.80	250m: 2:48.68	34.71	350m: 3:56.96	33.66
	100m: 1:04.42	34.02	200m: 2:13.97	34.75	300m: 3:23.30	34.62	400m: 4:29.83	32.87
3.	Thijs van Hofweegen	HPC PARA-ZPC AMERSFOORT	199605253 S6	5:25.63	+0,87	308 788		
	50m: 34.81	34.81	150m: 1:57.15	41.77	250m: 3:20.94	41.87	350m: 4:45.13	41.98
	100m: 1:15.38	40.57	200m: 2:39.07	41.92	300m: 4:03.15	42.21	400m: 5:25.63	40.50
4.	Bram Daalman	HPC PARA-ZV Haerlem	200300629 S14	4:46.47	+0,83	453 694		
	50m: 29.96	29.96	150m: 1:41.20	36.23	250m: 2:55.83	37.26	350m: 4:10.44	37.12
	100m: 1:04.97	35.01	200m: 2:18.57	37.37	300m: 3:33.32	37.49	400m: 4:46.47	36.03
5.	Laurin Matti Walther	NPC Germany	36092 S9	4:44.60	+0,82	462 677		
	50m: 32.23	32.23	150m: 1:43.37	36.02	250m: 2:56.49	36.85	350m: 4:09.34	36.09
	100m: 1:07.35	35.12	200m: 2:19.64	36.27	300m: 3:33.25	36.76	400m: 4:44.60	35.26

Senioren Open

Finale A

1.	Antonio Djakovic	SC Uster Wallisellen	27340	3:51.23	+0,66	862		
	50m: 25.93	25.93	150m: 1:24.61	29.68	250m: 2:24.18	29.79	350m: 3:23.70	29.89
	100m: 54.93	29.00	200m: 1:54.39	29.78	300m: 2:53.81	29.63	400m: 3:51.23	27.53
2.	Miguel Duran Navia	Royal Spanish SF		3:52.11	+0,70	852		
	50m: 26.33	26.33	150m: 1:24.63	29.28	250m: 2:24.15	29.41	350m: 3:23.97	29.87
	100m: 55.35	29.02	200m: 1:54.74	30.11	300m: 2:54.10	29.95	400m: 3:52.11	28.14
3.	Denis Loktev	Israel Swimming Association		3:53.56	+0,64	836		
	50m: 27.12	27.12	150m: 1:26.43	29.96	250m: 2:26.17	29.64	350m: 3:25.68	29.61
	100m: 56.47	29.35	200m: 1:56.53	30.10	300m: 2:56.07	29.90	400m: 3:53.56	27.88
4.	Bar Soloveyck	Israel Swimming Association		3:53.94	+0,70	832		
	50m: 26.92	26.92	150m: 1:26.04	30.04	250m: 2:25.67	29.71	350m: 3:25.35	29.83
	100m: 56.00	29.08	200m: 1:55.96	29.92	300m: 2:55.52	29.85	400m: 3:53.94	28.59
5.	Cesar Castro Valle	C.N. Santa Olaya		3:55.07	+0,62	820		
	50m: 27.27	27.27	150m: 1:26.94	30.26	250m: 2:27.61	30.39	350m: 3:26.98	29.10
	100m: 56.68	29.41	200m: 1:57.22	30.28	300m: 2:57.88	30.27	400m: 3:55.07	28.09
6.	Ferran Julià Tous	C.E. Mediterrani		3:55.98	+0,67	811		
	50m: 27.36	27.36	150m: 1:26.72	30.01	250m: 2:27.09	30.00	350m: 3:27.34	29.82
	100m: 56.71	29.35	200m: 1:57.09	30.37	300m: 2:57.52	30.43	400m: 3:55.98	28.64
7.	Luc Kroon	OC-Ed-Vo	200100697	3:56.00	+0,79	810		
	50m: 26.92	26.92	150m: 1:25.93	29.60	250m: 2:25.75	29.82	350m: 3:26.62	30.36
	100m: 56.33	29.41	200m: 1:55.93	30.00	300m: 2:56.26	30.51	400m: 3:56.00	29.38
8.	Lander Hendrickx	Leuven Aquatics	11115/94	3:58.95	+0,66	781		
	50m: 27.12	27.12	150m: 1:27.05	30.19	250m: 2:27.71	30.34	350m: 3:28.96	30.69
	100m: 56.86	29.74	200m: 1:57.37	30.32	300m: 2:58.27	30.56	400m: 3:58.95	29.99

Finale B

9.	William Ryley	University of Bath	287155	3:56.71	+0,68	803		
	50m: 27.34	27.34	150m: 1:27.66	30.47	250m: 2:27.97	29.86	350m: 3:28.07	29.88
	100m: 57.19	29.85	200m: 1:58.11	30.45	300m: 2:58.19	30.22	400m: 3:56.71	28.64

onjuistheden / mistakes?

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Programmanr. 14, Heren, 400m vrije slag, Finale, Senioren Open

rank	name	club name	time	RT	FINA	PARA		
10.	Pepijn Smits	HPC-PSV	199600691	3:57.35	+0,80	797		
	50m: 28.11	28.11	150m: 1:28.01	30.22	250m: 2:28.59	30.23	350m: 3:28.37	29.53
	100m: 57.79	29.68	200m: 1:58.36	30.35	300m: 2:58.84	30.25	400m: 3:57.35	28.98
11.	Bart Sommeling	OC-De Dolfijn	199800765	3:58.72	+0,74	783		
	50m: 27.52	27.52	150m: 1:27.03	29.86	250m: 2:27.96	30.29	350m: 3:29.09	30.71
	100m: 57.17	29.65	200m: 1:57.67	30.64	300m: 2:58.38	30.42	400m: 3:58.72	29.63
12.	Marcos Rodriguez Mesa	C.N. Terrassa	1126743	3:59.30	+0,73	777		
	50m: 27.54	27.54	150m: 1:27.41	30.23	250m: 2:29.11	30.71	350m: 3:29.99	30.31
	100m: 57.18	29.64	200m: 1:58.40	30.99	300m: 2:59.68	30.57	400m: 3:59.30	29.31
13.	Gil Kiesler	Israel Swimming Association		3:59.33	+0,68	777		
	50m: 27.84	27.84	150m: 1:28.85	30.74	250m: 2:29.77	30.30	350m: 3:30.22	30.01
	100m: 58.11	30.27	200m: 1:59.47	30.62	300m: 3:00.21	30.44	400m: 3:59.33	29.11
14.	Henning Mühleitner	Neckarsulmer Sport-Union	194396	4:00.87	+0,75	762		
	50m: 27.65	27.65	150m: 1:27.34	30.07	250m: 2:28.95	30.69	350m: 3:30.43	30.69
	100m: 57.27	29.62	200m: 1:58.26	30.92	300m: 2:59.74	30.79	400m: 4:00.87	30.44
15.	Yasunari Hirai	Neckarsulmer Sport-Union	431741	4:00.90	+0,74	762		
	50m: 28.13	28.13	150m: 1:29.31	30.60	250m: 2:30.54	29.98	350m: 3:31.81	30.46
	100m: 58.71	30.58	200m: 2:00.56	31.25	300m: 3:01.35	30.81	400m: 4:00.90	29.09
16.	James Freeman	Tuks Swimming	010328	4:04.04	+0,65	733		
	50m: 27.39	27.39	150m: 1:28.28	30.56	250m: 2:30.91	31.60	350m: 3:32.92	31.30
	100m: 57.72	30.33	200m: 1:59.31	31.03	300m: 3:01.62	30.71	400m: 4:04.04	31.12
Finale C								
17.	Alberto Martinez Murcia	CN Marina Cartagena Ancora	MURCIA	4:00.67	+0,69	764		
	50m: 28.17	28.17	150m: 1:29.17	30.85	250m: 2:30.73	30.39	350m: 3:30.90	29.74
	100m: 58.32	30.15	200m: 2:00.34	31.17	300m: 3:01.16	30.43	400m: 4:00.67	29.77
18.	Vincent Crooijmans	OC-VZC	200100381	4:02.32	+0,74	749		
	50m: 27.66	27.66	150m: 1:28.28	30.54	250m: 2:30.15	30.71	350m: 3:32.21	30.87
	100m: 57.74	30.08	200m: 1:59.44	31.16	300m: 3:01.34	31.19	400m: 4:02.32	30.11
19.	Iñigo Pravia De La Guerra	Real Canoe N.C.		4:02.36	+0,69	748		
	50m: 27.61	27.61	150m: 1:28.64	30.73	250m: 2:30.70	31.03	350m: 3:32.35	30.63
	100m: 57.91	30.30	200m: 1:59.67	31.03	300m: 3:01.72	31.02	400m: 4:02.36	30.01
20.	Sander Crooijmans	OC-VZC	200100383	4:02.74	+0,74	745		
	50m: 27.84	27.84	150m: 1:28.74	30.90	250m: 2:30.21	30.54	350m: 3:32.42	31.00
	100m: 57.84	30.00	200m: 1:59.67	30.93	300m: 3:01.42	31.21	400m: 4:02.74	30.32
21.	Chad Michau	PSV	200005653	4:02.86	+0,76	744		
	50m: 27.98	27.98	150m: 1:28.97	30.77	250m: 2:30.87	30.78	350m: 3:32.94	31.03
	100m: 58.20	30.22	200m: 2:00.09	31.12	300m: 3:01.91	31.04	400m: 4:02.86	29.92
22.	Antoni Mulet Matheu	Real Canoe N.C.		4:03.83	+0,72	735		
	50m: 27.69	27.69	150m: 1:29.23	31.07	250m: 2:31.70	31.03	350m: 3:33.61	30.44
	100m: 58.16	30.47	200m: 2:00.67	31.44	300m: 3:03.17	31.47	400m: 4:03.83	30.22
23.	Aleksi Schmid	Neckarsulmer Sport-Union	412916	4:06.05	+0,64	715		
	50m: 26.86	26.86	150m: 1:27.23	30.76	250m: 2:30.26	31.12	350m: 3:34.12	32.06
	100m: 56.47	29.61	200m: 1:59.14	31.91	300m: 3:02.06	31.80	400m: 4:06.05	31.93
24.	Ruan Ras	Tuks Swimming	961227	4:11.79	+0,73	667		
	50m: 27.82	27.82	150m: 1:29.77	31.55	250m: 2:34.56	32.27	350m: 3:39.80	32.50
	100m: 58.22	30.40	200m: 2:02.29	32.52	300m: 3:07.30	32.74	400m: 4:11.79	31.99
AFGEM	George Barber	City Of Sheffield Swim Squad	922737					

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